

SLIP-DISC.

PAGE NO. 243
DATE 19/9/09

Sapna Mathur. Tel NO [REDACTED]

I'm 35 years old & already suffering with a serious Slipped disc^(SD) problem. I've had a back problem since past 12 years but it was diagnosed as SD only this February. I managed to overcome this pain in May with the help of Allopathy But had a serious relapse on July 28th 2009. I was introduced to Dr. Mehra by another patient (cured) of him & this is the best thing that happened to me. He came all the way to my house in Thakur village to see me as I couldn't even move. There are number of things that assure me about his treatment. Firstly, He is very thorough with the Knowledge of the disease & makes it a point to share that Knowledge with the patient (which others does don't bother to). He does sound very strict with his instructions but then that is what is going to help in healing thoroughly. He gives all the time needed when attending a patient and ^{does} not hurry up the visit. His request of a daily follow-up is a remarkable idea that shows his genuine interest in treating. I have never come across any doctor (and I've seen many of them) who takes pains to give absolute to the point & clear instructions to follow.

It's been 1 month today since starting his treatment and I'm sitting in his ^{clinic} office writing this. From being bedridden to this... says a lot about his treatment. I'm now looking forward to a healthier & fit life with his help.

My advice to you who is reading this is

Leave your pre-conceived notions and know-all attitude and follow his instruction to the T. And then see your health soar.

Thanks Dr. Mehra.

Sapna [REDACTED]